

PENSIONERS' RAIL SAMPARK

QUARTERLY BULLETIN OF

RAILWAY SENIOR CITIZENS WELFARE SOCIETY (RSCWS)

(Estd. 1991, Regd. No. 1881 - Under Registration of Societies Act)

H.O 32, Phase- 6, Mohali, Chandigarh -160055

Website: www.rscws.com

AFFILIATED TO BHARAT PENSIONERS' SAMAJ (BPS)

IDENTIFIED BY DOP&PW - UNDER PENSIONERS' PORTAL GOVT, OF INDIA

DEDICATED TO THE CAUSE OF **PENSIONERS**

SINCE 1991

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Vol. 18, No. 2023-4

OCTOBER-DECEMBER, 2023

FOR FREE CIRCULATION TO MEMBERS RSCWS

RSCWS SEEKS EFFECTIVE & EARLY IMPLEMENTATION, BY ALL CONCERNED, OF RLY BOARD ORDERS AND PATIENT FRIENDLY HEALTHCARE FACILITIES FOR ALL **RAILWAY BENEFICIARIES**

1.Copy of Memorandum No. RSCWS/HO/CHD/Memo DOP&PW/2023-15 Dated 05-12-2023to Secretary, Pension & Public Grievances, Govt. of India, New Delhi

Subject: Nomination by Pensioners under the Payment of Pension (Nomination) Rules 1983 for Payment of Life Time Arrears Reg. Non-Compliance of Instructions of DOP&PW by PDA Banks Ref i) Payment of Arrears of Pension (Nomination) Rules 1983 notified on 10-09-1983

- ii) DOP&PW OM No.1/2(40) 2022-P&PW(E) Dated 31-3-2022
- iii) RBI Master Circular Ref:DGBA.GBD. No.S2/31.02.007/2022-23 Dated April 01, 2022
- iv) RSCWS Memorandum No. RSCWS/HO/CHD/Memo DOPPW/2022-23 Dated18 1-2022
 - This is to bring to your kind notice that the PDA Banks are not complying with the Payment of Arrears of Pension (Nomination) Rules 1983 notified on 10-09-1983 (Annexure I) in spite of reiteration of the latest instructions to all PDA Banks issued vide DOP&PW Office Memorandum Dated 31-3-2022.
 - This is in violation of RBI Master Circular Ref: DGBA.GBD. No. S2/31.02.007/2022-23 Dated April 01, 2022 which inter alia lays down that 'All Agency Banks are advised to scrupulously follow all the guidelines/instructions contained in various notifications of Government (Central as well as States) and take necessary action immediately without waiting for any further instructions from RBI'.
- Pensioners are neither being sent the Acknowledgment of the Nomination Form A for Payment of the 1.3 Life Time Arrears nor is the endorsement made about the said Nomination on the Pension Slip – as required under item viii) and ix) of Actions by the Pension Disbursing Authority/Bank vide the orders of the DOP&PW dated 31-3-2022 cited above. This is bound to cause undue anxiety to the Pensioner and hardship to the Nominee because there is no assurance to the pensioner about the nomination being taken in the data base of CPPCs.
- It is, therefore, requested that the PDA Banks may please again be advised to comply with all the instructions issued specifically for PD AUTHORITY/BANK vide DOP&PW OM dated 31-3-2022.
- 2. Copy of Memorandum No. RSCWS/HO/CHD/Memo PCMD NR/2023-16 Dated 07-02-2023 to Principal Chief Medical Director, Northern Railway, Baroda House, NewDelhi

Subject: Provision of OPD consultation & related investigation for RELHS beneficiaries aged 75 years & above from specialists of Private Hospitals empaneled by Railway – As a Pilot Project for one year from 01-11-2023 to 31-10-2024.

i) Revised MoU to be entered with Private empaneled Hospitals.

Reference: Railway Board letter No. 023/H/28/1/RELHS/Empaneled (CGHS)Executive Director Health Dated 19-09-2023 ii) Railway Board letter No. 2021/H-1/11/10/MoU Dated 20-11-2023.

Kind attention is invited towards the above cited orders of the Railway Board regarding the following:

- i) Provision of OPD consultation & related investigation for RELHS beneficiaries aged 75 years & above from specialists of Private Hospitals empaneled by Railway As a Pilot Project for one year from 01-11-2023 to 31-10-2024.
- ii) Revised MoU to be entered with Private empaneled Hospitals.

It is requested that the above said orders be implemented early and all Divisions may please be advised to revise the MoUs with all the Private empaneledHospitals accordingly.

3. Copy of Memorandum No. RSCWS/CHD/Memo DGRH/2023-17Dated 30-12-2023to Director General, Railway Health Services, RailwayBoard, RailBhawan, New Delhi

Sub: - Revision of entitlement of hospital wards in Empaneled Hospitals for Railway Beneficiaries at par with CGHS beneficiaries.

- Ref: a) MOH&FW letter no. S.11011/11/2016-CGHS(P)EHS dated 28-10-2022
 - b) MOH&FW letter no. S.11011/11/2016-CGHS(P) dated 22-11-2022
 - c) RSCWS Memorandum No. RSCWS/CHD/Memo DG (RHS)2022-28 Dated 27-12-2022
 - d) Kind attention is invited to the revision of entitlement of hospital wards for the CGHS beneficiaries issued vide above referred letters.

In this regard it is requested that Railway Beneficiaries be also allowed the ward entitlement at par with the CGHS Beneficiaries including that for the Retirees / Pensioners / Family Pensioners.

As already requested, vide our Memorandum cited above, comprehensive orders may please be issued for the Serving employees/Officers, Pensioners & Family Pensioners indicating the Corresponding Basic Pay, Pension & Family Pension as mentioned in the Table below:

Existing BasicPay PM in 7 th CPC for entitlement of Ward	Revised Basic Pay drawn by Officer in 7 th CPC per month	Corresponding Basic Pension drawn by Pensioner in 7 th CPC per month	Corresponding Basic Family Pension drawn by Family Pensioner in 7 th CPC per month	Ward Entitlement
Up toRs. 47,600	Up to Rs. 36,500	Up to Rs.18,250	Up to Rs.10,950	General
47.601 to 63100	Rs. 36,501 to 50,500	Rs.18,251 to Rs.25,250	Rs.10,951 to Rs.15,150	Semi-Private
63,100 & above	Above Rs. 50,500	Above Rs.25,250	Above Rs.15,150	Private

4. Copy of Memorandum No. RSCWS/HO/CHD/Memo DRM-UMB/2023-18 Dated 26-12-2023 to Shri Mandeep Singh Bhatia, Divisional Railway Manager, Northern Railway, DRM Office, Ambala Cantt.

Subject: Lock-up Dispensary at Mohali

Regarding: Provision of a Doctor & Requisite space for Lockup dispensary at Mohali.

We are thankful to you that the Northern Railway has started a Lock-up dispensary at Mohali Railway Station platform 1 on 3rd October, 2023. The facility is available on every Tuesday and Friday (except Holidays). This dispensary is of much relief to the Railway Beneficiaries settled in Mohali and parts of Chandigarh and for those Beneficiaries working/settled at Kharar, Kurali, and adjoining areas of Mohali and Chandigarh.

Presently, only a pharmacist is available at this Lock-up dispensary. The pharmacist issues medicines on producing UMID card and the prescription from ADMO, Chandigarh. For getting the prescription, many patients have to go all the way for about 15 to 20 Kms to get the prescription from the ADMO at the Health Unit Chandigarh. This defeats the very purpose of Lock-up Dispensary at Mohali.It is, therefore, requested as under:

- I) A Railway Doctor or a Doctor on contract may please be posted at the Lock-up dispensary Mohali for Tuesday & Friday.
- II) Presently the space at the new Lock-up Dispensary at Mohali Rly Station is not enough to provide for Doctor's Cabin, shifting of lockup dispensary in the vacant old Generator Room at Mohali Railway Station may please be considered with partitions & provision for Doctor's Cabin and washrooms etc. for proper functioning of the lockup dispensary.
- III) A Refrigerator at lockup dispensary to keep needed drugs & Medicines may please be provided at the earliest possible.

NOTICE

Subscription of the members of RSCWS (except life members) is due from April'2023 for the year 2023-24 They are requested to pay the same at the earliest as per details given below. Please bring your Membership Cards for updating the same after paying the Subscription.

MEMBERS OF RSCWS PLEASE PAY YOUR SUBSCRIPTION @ RS.400/- PA OR LIFE MEMBERSHIP RS.3500/-

(ASSOCIATE MEMBERSHIP FOR THOSE RESIDING OUTSIDE CHANDIGARH, PANCHKULA & MOHALI: RS.150/- PA/LM RS.1500/-)

DONATIONS & SUBSCRIPTIONS MAY BE deposited in the Bank account of RSCWS in favor of "Railway Senior Citizens Welfare Society" in Punjab & Sind Bank, Sector 7, Chandigarh, in SB Account No. 08561000100242, IFSC Code PSIB 0000856 OR MAY BE PAID TO SH. C.P. SINGH. TREASURER, RSCWS, 351, SAVITRI TOWER S 1, VIP ROAD, ZIRAKPUR (PB)-140603 (MOB:. OF SH C P SINGH IS: -98880-54477) NOTE: MEMBERS, WHO SEND THEIR SUBSCRIPTION THROUGH BANK ACCOUNT, ARE REQUESTED TO FOLLOW IT UP WITH A LETTER TO THE TREASURER

NOTE: MEMBERS, WHO SEND THEIR SUBSCRIPTION THROUGH BANK ACCOUNT, ARE REQUESTED TO FOLLOW IT UP WITH A LETTER TO THE TREASURER (WITH DETAILS OF PAYMENT, THEIR FULL NAME, POSTAL ADDRESS & MOBILE NO.). IN CASE OF NEW MEMBERS, MEMBERSHIP FORM & 2 STAMP SIZE PHOTOS EACH OF SELF & SPOUSE MAY BE SENT TO HIM TO ENABLE HIM TO SEND THE RECEIPT & MEMBERSHIP CARD OF RSCWS.

SECRETARY GENERAL/ RSCWS

Railway Board Orders Concerning Pensioners



A) Copy of Railway Board Letter No. 2021/H-1/11/10/MOU Dated 20-11-2023 Addressed to all GMs and PUs Indian Railway

Sub: - Revised MOU to be entered into with Private Empaneled Hospitals.

Ref: - (i) Railway Board's Letter of even No. Dated 22-11-2021

- (ii) Railway Board's Letter No. 2023/H-1/19/3/NFIR Reps. Dated 07-11-2023
- (iii) Railway Board's Letter No. 2023/H/28/I/RELHS/Empaneled (CGHS) Dated 19-09-2023(copy attached)

Railway Board vide letter cited under reference (i) above forwarded a copy of revised common format of MOU to be entered between Health Care Organization & Railways.

Lately, Railway Board vide letter cited under reference (i) above has revised PUG rates for empanelment of Health Care Organization by Railways mentioned at point No. 16 in the MOU.

Furthermore, Railway Board vide letter cited under reference (iii) above has decided to provide OPD consultation and related investigations from specialists of Privatehospitals empaneled by Railways for RELHS beneficiaries aged 75 years and above, as a pilot project basis for one-yearw.e.f. 01-11-2023 to 31-10-2024 by inclusion of Point No. 7 (iv) in the MOII

In order to implement the above-mentionedchanges same has been incorporated in Draft MOU (copy enclosed). All Indian Railways & Production Units are advised to incorporate the above-mentioned changes in the MOU with empaneled hospitals. This issues with the concurrence of the Finance Directorate of the Ministry of Railways.

B) Copy of RAILWAY BOARD, letter No. 023/H/28/1/RELHS/Empaneled (CGHS) Executive Director Health

Dated 19-09-2023

Sub: - Provision of OPD consultation & related investigation for RELHS beneficiaries aged 75 years & above from specialists of Private Hospitals empaneled by Railway - As a PILOT PROJECT FOR ONE YEAR FROM 01.11.2023 TO 31.10.2024.

The matter of provision of direct Outpatient Department (OPD) consultation and related investigation from specialists of private hospitals empaneled by Railway for RELHS beneficiaries aged 75 years and above has been drawing attention of Ministry of Railway for some time. After consideration of the issue, Railway Board has decided as under: -

- (i) RELHS beneficiaries aged 75 years and above may be permitted to seek direct OPD consultation from specialists of Private Hospitals empaneled by Railway, without referral from Railway Hospital/ Health Unit under which beneficiary is registered.
- (ii) If any CGHS listed investigation/procedures is advised and is required to be undertaken in emergency, no other authorization will be required, and the same may be undertaken from empanelled hospital at CGHS rates for that city/or as per MOU with Railways in cashless procedure. Bills along with copy of UMID card, copy of prescription/Reports and declaration form (copy enclosed) signed by the beneficiary and duly endorsed by the competent authority of the empaneled hospital will be sent to Railway under which the hospital is empaneled for payment.
- (iii) In non-emergency cases, approval of competent authority from Railways will be required for undertaking (a) CGHS non-listed investigations/ planned procedures; and (b) those CGHS listed investigations, which cost above Rs. 10000/-, whenever advised by specialist of empanelled hospitals.
- (iv) Medicines prescribed by a specialist doctor of private railway empanelled hospitals will be issued by concerned Railway hospitals/Health Units on authorization of available railway doctor.
- (v) Private Hospitals empaneled under Railways shall provide above facilities on cashless basis at CGHS rates to Railway beneficiaries aged more than 75 years. The hospitals shall submit the bills along with valid UMID card and declaration form signed by the beneficiary who has availed the facilities, duly endorsed by the competent authority of the empaneled hospital.
- (vi) This facility will be available for only those aged 75 years & above RELHS beneficiaries who are eligible for OPD consultation at Railway Hospitals/ Health Units. This facility is not available to beneficiaries having UMID card with FMA.
- (vii) These guidelines will not super cede the instruction issued vide Board's letter No. 2018/TransCell/Health/CGHS (eOffice No.327783) dated 16.06.2021 which will remain in force for emergency cases/IPD cases as specified therein.
- (viii) This is a Pilot Project only for one year i.e., 01.11.2023 to 31.10.2024. Railways will ensure the period of Pilot Project without fail.
- (ix) To ensure that UMID cards are not misused, proper accountal of expenditure incurred on the present scheme may be maintained by Railway/PU.

Empaneled hospitals need to be provided access to HMIS portal so that data efficiently and can be retrieved whenever required.

C) Copy of Railway Board Letter No. 2010/AC-II/21/10 Pt IV (Vol-ii) dated: 09 .11.2023 Addressed to General Managers of All Zonal Railways/PUs

Sub: - Physical verification of Railway Pensioners at Banks.

Ref: Board's letter no. 2020/AC-II/21/3 dated 25.08.2023

Board, vide letter cited above, has issued Comprehensive guidelines for the nation-wise Digital life Certificate campaign, 2.0 November 1-30,2023. Dy. CAO/G of all Zonal Railways/PUs were also nominated for this purpose. Now that digital modes are also available to a pensioner for submission of Life certificate viz. JeevanPramaan, Submission of Life Certificate form signed by any 'designated official', Doorstep service for submission of DLC through Postman, Doorstep Banking, DLC through Face authentication technology etc. for Railway Pensioners also, there is a need to carry out verification of all Railway Pensioners who have submitted their Life Certificates this year also in any of these modes to ensure close monitoring of pension payments and timely submission of Life Certificate.

Therefore, all Zonal Railways/PUs are advised to carry out the exercise of physical verification of Railway Pensioners at the PDAs this year also by forming a team comprising staff of Accounts and personnel Department. A suggestive checklist of the points to be verified is also attached for ready reference. In addition, in respect of such pensioners who have submitted Life Certificates in digital form, the relevant details from the bank's records shall be sought from the PDAs and verified. The outcome reports may be submitted to Board in the following format by 20.12.2023 by mail @ ajay.bartwal@gov.in.

S.No.	Name of the pension disbursing Bank	Total No. of Railway Pension accounts at the bank		Number Of pensioners who submitted LC in physical form	pensioners	Nature of discrepancy detected, if any	Remedial Action/ corrective action taken/proposed to be taken
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After conclusion of this exercise, the nominated Railway official shall jointly sign certificate with the bank bringing out the number of pensioners/family pensioners drawing pension/family pension from the branch and amount of pension paid for the previous month and current month.

D) Copy of RAILWAY BOARD Letter No. No. D-43/12/2018-F(E)|II Dated: 11-12-2023 Addressed to The General Managers/Principal Financial Advisers, AllZonal Railways/ProductionUnits etc.

Subject: Coverage under Railway Services (Pension) Rules, 1993 inaccordance with Board's instructions dated 10.03.2023.

References have been received from Zonal Railways seeking clarifications onthe admissibility of option for coverage under Railway Services (Pension) Rules, 1993in terms of Board's instructions dated 10.03.2023 in cases of railway servants whowere appointed against posts or vacancies which were advertised/notified for recruitment appointment prior to the notification for National Pension System i.e.22.12.2003, but subsequently died before issue of instructions dated 10.03.2023.

2 The issue has been examined in consultation with the Department of Pensionand Pensioners' Welfare(DoP&PW). It is clarified that if a railway servant who wasotherwise eligible to exercise option in terms of instructions dated 10.03.2023, hasalready died, the option exercised by the member of the family, who is eligible toreceive NPS benefits on death of the railway servant in accordance with PFRDA (Exitsand Withdrawals under NPS) Regulations, may be accepted and processed inaccordance with the instructions contained in letter dated 10.03.2023.

E) Copy of RAILWAY BOARD Letter No. 2020/H/28/1/CTSEScheme Addressed to General Manager(s),All Indian Railways,All Production Units.

Sub: - Closure of Cashless Treatment Scheme in · Emergency (CTSE) in IndianRailways.

Ref: - (i) This office's letter No. 2014/H/28/1/Smart Card/ Part Adated 14-07-2016.

- (ii) This office letter No. 2014/H/28/I/Smart Card/ Part A dated 02-11-2018.
- (iii) Letter No. 2018/TransCell/Health/CGHS (eOff. No. 3270783) dated16-06-2021.

A pilot project for. providing cashless treatment in emergency in private railwayempanelled ·hospitals were initiatedas Cashless Treatment Scheme in Emergency (CTSE) and aunched in metro cities vide letter cited under reference (i). The ambit of scheme was further expanded over all Indian Railways vide letter cited under reference (ii). However, instructions were issued vide letter cited under reference (iii) that railway medical beneficiaries (whether serving/retired) can get admission in railway empanelled hospital under emergency condition without ·referral on the basis of production of UMID card/CTSB card as an identity of railway beneficiary.

With implementation of letter cited under reference (iii), CTSE has been reviewed inRailway Board. After careful deliberation and with approval of Competent Authority inRailway Board, it has been decided that CTSE stands withdrawn with immediate effect. It has also been decided that option for availing CTSE card facility in settlement document at the time of retirement/ death in harness be removed immediately. Further, it has also been decided that no refund will be issued to CTSE card holder for the amount that was deposited for subscription of CTSE. This issues with the concurrence of Finance Directorate of the Ministry of Railway.

LIST OF PVT HOSPITALS EMPANELLED BY RAILWAYS IN THE TRICITY

- FOR CASHLESS TREATMENT OF RAILWAY MEDICAL BENEFICIARIES (EMPLOYEES & RELHS OPTEES) WITH UMID CARD ON REFERRAL BY CMS NR UMB OR IN EMERGENCY ON APPROVAL OF CMS WITHIN 24 HOURS

SI. No.	Hospital Name	Contact No.
1.	MAX Super Specialty Hospital, Phase-6, Mohali	0172-6652000
2.	Indus Hospital, Opp. Old D.C. Office, Phase 1, Mohali	0172- 5044945
3.	Mukat Hospital & Heart Institute, Sector 34-C, Chandigarh.	98720-48149
4.	Grecian Hospital, Sec 69, Mohali	98996-49020
5.	Ivy Multi specialty Hospital, Sector 71, Mohali	(Abhishek – Mob: 8699999914)
6.	Amar Hospital, Sector-70, Mohali	0172-5037683
7.	Eden Critical Care Hospital, Industrial Area, CDG	
8.	Drishti Eye Hospital, Sector-10, Panchkula.	0172-2571572 98033-33344
Lab.	Spiral CT & MRI; Sector 44, CDG	0172 4064555 98142-52733
Lab.	Atulaya Health Care; SCO 112-113, Sector 8-C, CDG	0172 4558888 97795-99499

ENTITLEMENT OF WARDS (as per 7th CPC Pay): General Ward: Up to Rs.47600/-; Semi-Private Ward: Rs.47601/- to 63100/-; Private Ward: 63100/- & above HOSPITALS EMPANELLED WITH RSCWS IN THE TRI-CITY

FOR TREATMENT AT CGHS RATES ON CASH PAYMENT IN OPD, IPD & DIAGNOSTICS, FOR RSCWS MEMBERS ON PRODUCTION OF UPDATED/VALID MEMBERSHIP CARD OF RAILWAY SENIOR CITIZENS WELFARE SOCIETY (RSCWS)

SI.	Name of Hospital	EMPANELLED FOR THE SPECIALITIES	Contact No
No. 1.	FORTIS MULTI-SPECIALITY HOSPITAL, SECTOR-62, PHASE-VIII, MOHALI	All available Specialties	98721-70582 (Dr. Ajinder Singh.)
2.	IVY MULTI-SPECIALITY HOSPITAL, SECTOR-71, MOHALI	All available Specialties	(Abhishek: 86999-99914)
3.	MUKAT MULTI-SPECIALITY HOSPITAL, SECTOR-34 A, CDG	All available Specialties	0172-4344444 98720-48149
4	OJAS Multispecialty Hospital, Sector 26, Panchkula.	All available Specialties	(Parveen Kumar) 9779992668
5.	SHALBY HOSPITAL, Sector 63, SAS Nagar Mohali	All Available Specialties	MR. RohitMaini Mob 8264481581
6.	OSCAR HOSPITAL, Sector 25, Panchkula	All Available Specialties	Mrs. InderjitKaur Mob 9888853047

MINUTES OF GENERAL BODY MEETING OF RSCWS HELD ON 25-11-2023 AT FORTIS HOSPITAL AUDITORIUM, MOHALI

The meeting was presided over by Sh. K.P. Singh President/RSCWS & attended by 69 Members

1. Homage to deceased Members who expired Since the Last GBM

Two minutes silence was observed to pay obeisance to Sh. Bipin BihariLal, a very active member of RSCWS, who expired on 25-09-2023

2. Welcome Address by Sh. Harchandan Singh SG/RSCWS:

Secretary General welcomed all the members of RSCWS for attending the meeting. He requested all the members to participate in discussion on the agenda items, give their suggestions before approving the same.

3. Opening Address by Sh. K.P. Singh, President/RSCWS

a) President welcomed all the members and applauded them for their continued efforts and encouraging outputs. The opening of Lock-up dispensary at Mohali Railway Station is one of the major recent achievements.

- a) SG/RSCWS Sh. Harchandan Singh is pursuing all individual and general issues with variousDeptts. & Ministries and spreading awareness about the latest orders issued for the welfare of the pensioners.
- b) He complimented SG/RSCWS for being instrumental in organizing Medical Seminars on subjects related to members at this juncture of age.
- c) He requested all the members to get in contact with more retirees and get them enrolled with RSCWS.
- 4. Confirmation of Minutes of AGBM held on 12-08-2023:
 - Minutes of AGBM of RSCWS held on 12-8-2023 as published in PRS (July-September, 2023) on Page No. 9 to 11 were approved by the General Body including the Executive Committee elected therein.
- 5. Report of the Secretary General/RSCWS Sh. Harchandan Singh: He informed that
 - a) Ambala Division/N Rly has since opened up a Lock-up Dispensary at Mohali Railway Station as demanded by RSCWS and followed up by our Chairman and the ex GM Sh T P Singh. The Dispensary presently opens for 2days a week i.e. on Tuesday & Friday (except on holidays) from 9-30 AM to 12-30 PM and issues medicines against Prescription of ADMO/HU CHD & CMS /UMB etc. on production of UMID Card by the Railway Beneficiaries
 - b) Two more Hospitals i.e. Shalby Hospital, Phase 9, Mohali and Oscar Health Centre, Sector 25, Panchkula have now been empanelled with RSCWS & provide Treatment to the Members of RSCWS on CGHS Rates against Cash Payment on production of updated Membership Card of RSCWS.
 - c) Other demands of Pensioners are also being pursued as per details in the Memorandums submitted to the Railways &the Government {as per copies published in the Pensioners Rail Sampark and posted on the Website rscws.com.
- 6. <u>General Body adopted the Charter of Demands of RSCWS</u> as enlisted in the Annxure attached herewith and urged upon the Railways & the Union Government to accept these demands in the interest of justice and to provide the much needed relief to the elderly Pensioners & Family Pensioners who had dedicatedly served the Railways & the Nation as a whole during long & active years of their service.
- 7. <u>Medical Seminar</u>: A Power Point Presentation was made by Dr. Amit Shankar Singh, Associate Consultant Neurology, Fortis Hospital, Mohali on Dementia & Alzheimer (Loss of Memory in old Age). Members/RSCWS discussed their doubts with the Doctor and updated their knowledge regarding the disease.
- 8. Approval of Utilization of Grant-in Aid

General Body/RSCWS approved the utilization of funds of Grant-in-Aid as per the prescribed norms in the sanction letter of DoPPW.

- 9. Approval for Donation of Rs. 10.000/- from Social Welfare Fund
- As per the recommendations of Social Welfare Committee/RSCWS, General Body approved the donation of Rs. 10,000/- to World Peace Mission from Social Welfare Fund of RSCWS. World Peace Mission is Running five Primary Schools in slums and providing free education, books and uniforms to the needy children. A cheque of Rs.10,000/- was presented to the President of World Peace Mission, who attended the Meeting and thanked RSCWS for the donation. He also invited the Members to join Yoga classes conducted by him.
- 10. <u>Formation of Excursion Committee</u>

General Body considered the proposal of having Picnics & excursions on contributory basis. Many members were in favor of such excursions. Proposals were discussed to form a sub-committee of willing members to organise such visits/picnics.

- 11. <u>Cultural Programme</u>: Sh. HS Sachdeva, recited his poem in Punjabi "ਖੇਤਾਂ ਵਿੱਚ ਕਣਕਾਂ ਪੱਕੀਆਂ ਨੇ, ਮੁਟਿਆਰਾਂ ਵੇਖ ਕੇ ਹੱਸੀਆਂ ਨੇ। ਖੁਸ਼ੀਆਂ ਦੇ ਸਾਗਰ ਛਲਕੇ ਨੇ, ਤੇ ਗ਼ਮੀਆਂ ਵੇਖੇ ਨੱਸੀਆਂ ਨੇ। " ("Khetan vich Kankan pakiyan ne, mutiyaran vekh ke hasian ne. Khushian de sagar chhalke ne, Te gamiyan vekho nasiyan ne.) Sh.BK Gupta recited his poem "अपनी नौका को जब था सागर में उतारा तब तक था अपने दम का सहारा" ("Apni nouka ko jab tha sagar mein utara, Tab tak tha apne dam ka sahara.") Dr. Tripta Kaushal recited a song "ਐੱਵੇਂ ਰੁਸਿੱਆ ਨਾ ਕਰ ਮੇਰੀ ਜਾਨ ਸਜਣਾਂ, ਇਕ ਦਿਨ ਛੱਡ ਜਾਣਾ ਏ ਜਹਾਨ ਸਜਣਾਂ।" ("Ainvein ruseya na kar meri jan sajna, Ik din chad jana e jahan sajna"). They all enthralled the gathering with their much appreciated poems and songs
- 12. General Body approved the Nomination of the following members as Advisors/RSCWS
- Sh. N.P. Mohan, Sh. DS Nigah, Sh. VP Chandan
- b) General Body nominated Sh. Punkaj Gupta as Working President/RSCWS vice Sh. D.S. Nigah
- 13. Chairman's Concluding Remarks:

The chairman exhorted all the members to take active part in the proceedings of all the RSCWS meets. Usually when approval of any document or other issues is sought from the stage, all the members straightaway raise their hands in approval. We can take it as their sign of faith in the working of the EC. But they should spare some time to read the documents and ask for some relevant clarifications or make queries. That doesn't mean that they are criticizing the EC, but that would indicate that they are taking adequate interest in the proceedings of the EC.

Most of our time & energy is spent on Health Care matters. For so many years we have been sending memorandums to higher authorities and struggling for getting adequate medical facilities which normally should be our birthright, and the struggle goes on, seemingly endlessly. We have served the Nation through our Govtdeptts, for 30 – 40 years and now in our greying years, the government should look after us in a sympathetic manner and make the required medical facilities available in a patient friendly manner.

There should No Need of Empanelment and Referrals time & again. While giving NABH accreditation by Ministry of Health, to major Health Care facilities in the country, a clause should be included that all these Hospitals and Labs will have to provide all medical facilities to all categories of central govt. employees at CGHS rates. The payments can be made to these Health Care facilities by a nodal central agency who, in turn, should debit the amounts to concerned different central govt departments, including Railways, in consultation with them. The modalities can be worked out. This will make the system very pensioner - patient friendly.

On the earlier suggestion of going on picnics and other excursions, the chairman said an emphatic Yes. Most of the members present also raised their hands in affirmative. RSCWS is also a forum of get – together of the members & their spouses, like an extended Railway family. In addition to conducting our official like business, we should have some time to relax and enjoy in others company, for which outdoor excursions is a good way out. He briefly discussed the modalities for such excursions and asked some of the members to form a core group and organize such outings.

14 The Meeting concluded with a vote of thanks by the Secretary General.

CHARTER OF DEMANDS OF RSCWS ADOPTED BY THE GBM ON 25[™] NOVEMBER 2023

- 1. Additional Pension, of 5%, 10% & 15% on attaining 65 years, 70 years & 75 years of age respectively,
- 2. Raising of FMA from Rs.1,000-to at least Rs.3,000/- as recommended by Parliamentary Committee.
- 3. Enhancement of medical facilities in tricity area Provision of Emergency Ward, OPD Ward & least 2 Doctors in Railway Health Unit Chandigarh
- 4. Upgrading of Railway Health Unit, Chandigarh as Sub-Divisional Hospital
- 5. Provision of Doctor at Lock-up dispensary at Mohali Railway Station at least for the 2 days for which it is opening at present (i.e. on Tuesday & Friday) every Week.
- 6. Cashless Treatment of Railway Beneficiaries in PGI Chandigarh as now available to the CGHS Beneficiaries.
- 7. Adoption of Patient Friendly system for referral of Railway Beneficiaries for Treatment in Private Empanelled Hospitals as per Railway Board's Orders Dated 30-7-2018,
- 8. Effective implementation of Railway Board's Orders Dated 30-7-2018 & 16-6-2021 in respect of all issues referred to therein regarding Treatment of Railway Beneficiaries.
- 9. OPD consultations & related Investigations from Specialists of Private Hospitals empanelled by Railways for RELHS Beneficiaries aged 75 years & above and Revision of MOU with empanelled Hospitals as per Railway Board's letter No. 2023/H/28/1/RELHS/Empanelled (CGHS) Dated 19-9-2023 & 2011-2023.
- 10. Revision of Ward Entitlement for treatment of Railway Beneficiaries at par with Revised Entitlement for CGHS Beneficiaries.
- 11. Payment of withheld Arrears of DA/DR for the period January 2021 to June 2022.
- 12. Constitution of 8th Central Pay Commission
- 13. Restoration of Option 1 as recommended by 7th CPC for revision of Pension of Pre 2016 Pensioners allowing Option as per number of increments earned by the Pensioner in the scale from which the Pensioner had retired.
- 14. Extension & Application of Court Judgements to all similarly placed Pensioners in respect of grant of Notional Increment to those who retired on 30th June or 31st December.
- 15. Restoration of Old Pension Scheme to Post 1-1-2004 recruited employees.

SOME VISUALS OF GENERAL BODY MEETING OF RSCWS-CUM-MEDICAL SEMINAR HELD ON 25-11-2023

Dr. Amit Shankar Singh Neurologist/ Fortis; Ashwani Kumar-Member EC, Harchandan Singh-SG, TS Kalra-Chairman & KP Singh-President/RSCWS

Sh. TS Kalra& Dr. TriptaKaushal honoring a Super Senior Member Joginder Singh Bhatia **General Body Meeting in progress**

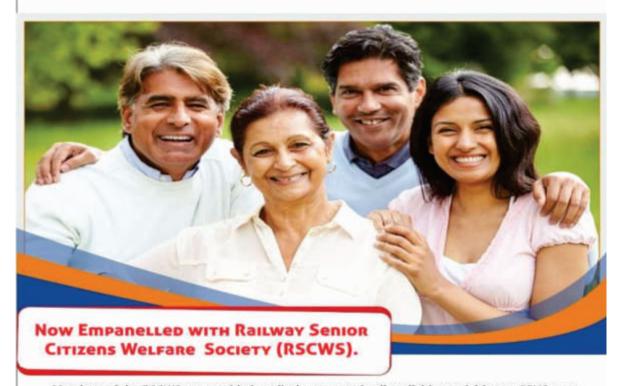






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RSCWS WISHES YOU ALL A VERY HAPPY & PROSPEROUS NEW YEAR

PRS: October-December 2023

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